

Cracked Not Broken Surviving And Thriving After A Suicide Attempt

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Cracked Not Broken Surviving And

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt is a striking story of survival and comes form an author who at age nineteen jumped off the Golden Gate Bridge. The fall didn't end his life; it began a chronicle of facing mental illness - bipolar disorder - and a series of breakdowns that challenged the author's desire to live mentally well.

Amazon.com: Cracked, Not Broken: Surviving and Thriving ...

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt. The Golden Gate Bridge is one of the most recognizable structures to define a modern city. Yet, for author Kevin Hines the bridge is not merely a marker of a place or a time. Instead, the bridge marks the beginning of his remarkable story.

Cracked, Not Broken: Surviving and Thriving After a ...

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt is a striking story of survival and comes form an author who at age nineteen jumped off the Golden Gate Bridge. The fall didn't end his life; it began a chronicle of facing mental illness - bipolar disorder - and a series of breakdowns that challenged the author's desire to live mentally well.

Cracked, Not Broken: Surviving and Thriving After a ...

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt should be requested reading for anyone who wants to follow in the footsteps of a person with bipolar disorder who has emerged triumphant. The author's survival and resilience have become a continuing lesson on what makes life worth living.

Cracked, Not Broken: Surviving and Thriving After a ...

Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt Kevin Hines, foreword by Dr. Daniel J. Reidenberg. Rowman & Littlefield, \$29.95 (194p) ISBN 978-1-4422-2240-3

Cracked, Not Broken: Surviving and Thriving After a ...

Astonishingly, he survived his suicide attempt. He went on to write Cracked, Not Broken "for those who cannot and will never give voice to their reasons or regrets." He also wrote it for those left behind—those "who have lost sons, daughters, mothers, and fathers to the bridge," and for

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“anyone anywhere who has lost a loved one to the silent impulses that lie behind mental illness affecting families and communities all around the world.”

Cracked, Not Broken: Surviving and Thriving After a ...

Kevin Hines attempted to die by suicide at 19-years-old by jumping off the Golden Gate Bridge. Diagnosed with bipolar disorder, Kevin now spans the globe bringing awareness to mental health disease ...

Kevin Hines: Surviving and Thriving After a Suicide Attempt

Cracked, Not Broken : Surviving and Thriving After a Suicide Attempt by Kevin Hines Overview - The Golden Gate Bridge is one of the most recognizable structures to define a modern city.

Cracked, Not Broken : Surviving and Thriving After a ...

In the summer of 2013, Kevin released his bestselling memoir titled Cracked Not Broken, Surviving and Thriving After A Suicide Attempt. He is currently producing a documentary entitled Suicide: The Ripple Effect. Kevin’s will to live and stay mentally well has inspired people worldwide.

Kevin Hines Story Kevin Hines

Books similar to Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt. 3.87 avg. The Golden Gate Bridge is one of the most recognizable structures to define a modern city. Yet, for author Kevin Hines the bridge is not merely a marker of a place or a time.

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Yet, for author Kevin Hines the bridge is not merely a marker of a place or a time. Instead, the bridge marks the beginning of his remarkable story. At 19 years old, Kevin attempted to take his own life by jumping off the Golden Gate Bridge - a distance which took four seconds to fall. The fall would break his body, but not his spirit.

"Cracked Not Broken" - Kevin Hines *SIGNED* — Kevin Hines

* Virginia Review * Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt is a striking story of survival and comes from an author who at age nineteen jumped off the Golden Gate Bridge. The fall didn't end his life; it began a chronicle of facing mental illness - bipolar disorder - and a series of breakdowns that challenged the author's desire to live mentally well.

Cracked, Not Broken : Kevin Hines : 9781442222403

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Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt Hardcover - 10 Jul 2013 by Kevin Hines (Author)

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He reminds us all that life is a precious gift that can only be lived one day at a time., Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt is a striking story of survival and comes from an author who at age nineteen jumped off the Golden Gate Bridge.

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